

Class Descriptions

Tumbling

Students learn proper warm-up and condition with strength and flexibility exercises. With the use of imagery and props, our developmental approach teaches body mechanics, balance and tumbling.

Tumbling & Creative Movement~ Creative expression is developed through the use of imagery, and creative movement.

Ages 5-7 Thursday 6:00 - 7:00 Almost Grown Play Cafe Fee: \$55 per month

Dance & Gymnastics Combination

This variety class is designed especially with the child in mind and interrelates creative movement, basics in ballet, tap, jazz, rhythmic skills, creative drama, tumbling, balance, and rhythmic gymnastics (ball, ribbon and hoop manipulation). Student will progress through warm-up exercises, strength and flexibility skills, locomotor and coordination skills.

Ages 3-Pk5 Saturday 9:00 - 10:00 Northwest Recreation Fee: \$55 per month

Ages K5-2nd Saturday 10:00 - 11:00 Northwest Recreation Fee: \$55 per month

Jazz, Contemporary, Creative Movement

This is a full spectrum dance class for school age students to learn alignment, balance, correct terminology, and technical skills in jazz. Creative expression is developed through the use of imagery, and creative movement.

Ages 8-12 Saturday 11:00-12:00 Northwest Recreation Fee: \$55 per month

Ongoing Weekly Classes – Monthly Tuition + annual registration fee

<u>Tuition</u>	:	<u>Registration Fee:</u>
1 hour class per wk. (see rate in class descriptions)		\$10 Annual fee per child for monthly classes
<u>Discounts:</u>	\$2 discount for siblings and \$4 discount for 2 x week	

Registration

Registration must be done in advance. *No walk-ins* Payment is due prior to participation

Class registration forms are available online at www.DanceAssociatesAustin.com

Register by phone at 512-323-6013. [Email:DanceAssociatesAustinInc@realtime.net](mailto:DanceAssociatesAustinInc@realtime.net)

Request a Pay Pal invoice to pay online or Mail payments/registration to:

Dance Associates Austin, Inc., 100 E. Whitestone Blvd. Ste.148-215, Cedar Park, Texas, 78613

Public Locations

North Northwest Recreation, 2913 Northland, Austin, Texas

West/Hamilton Pool Almost Grown Play Café, 18901 Hamilton Pool Road, Dripping Springs, Texas

Daycare Centers, Private Schools, Elementary Schools, Private Clubs

We provide instructors and curriculum at child development centers, private schools, elementary schools, and private organizations.

If you would like dance and gymnastics at your child's center, call 323-6013 to have a representative contact your school to show them how easy, and convenient it is.