



Dance Associates Austin, Inc.

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Select your classes or design a summer camp

Preschool Movement (Age 3-Pk 5's) This varietal dance class is designed especially with the preschool child in mind and interrelates creative movement, basics in ballet, tap, and jazz, rhythmic skills, loco motor and coordination skills, and creative drama. The unique curriculum inspires excitement about creative arts as it expands the children's motor skill development.

Preschool Gymnastics (Ages 3-Pk 5's) This varietal class is designed especially for the preschooler that wants tumbling, balance, and rhythmic gymnastics in one class. Students progress through warm-up exercises, strength and flexibility skills, loco motor and coordination skills, creative movement, and a variety of tumbling, balance, and rhythmic gymnastics skills (ball, ribbon and hoop manipulation).

Dance (Age K-up) This is a full spectrum dance class for school age students to learn alignment, balance, correct terminology, and technical skills in ballet, tap, and jazz. Creative expression is developed through the use of imagery, and creative movement.

Gymnastics (Age K-up) Students learn proper warm-up and condition with strength and flexibility exercises. Our developmental approach teaches tumbling, acrobatics, balance, and rhythmic gymnastics skills (ball, ribbon, and hoop manipulation).

- *Intermediate classes are available upon request.*

Customize your class: You can customize a class to fit your school's needs. If you prefer to offer Ballet and Gymnastics, you can request that we market only that combination of classes. You can do this with any of the movement vocabularies.



Dance & Gymnastics Summer Camps

for Boys and Girls

A multi-sensory mixture of movement, art, and fun with a creative, developmental and positive approach designed especially for children. Curriculum includes motor skills, tumbling, balance, rhythmic gymnastics with balls, hoops, and ribbons, creative movement, creative drama, dance, rhythm, prop-work, and art. Using a creative approach the instructor will inspire excitement about the creative arts in a playful, experiential, and “process” oriented environment.

One week camps Monday – Friday 3 hour camps 9:00-12 or 2:00-5:00

Magical Motion (Ages 4-5)

Themes include: Super Summer Splash, Jungle Jamboree, Silly Circus, Wild, Wild West

Integrated Arts Dance & Gymnastics (Ages 6-up)

This stimulating camp includes explorations in visual arts, drama, music, dance and gymnastics. Students will discover how the fine arts have similarities in the elements of design, and increase their skill development in various movement vocabularies of jazz, tap, ballet, tumbling, balance, and rhythmic gymnastics.

Integrated Arts- Dance Camp (Ages 6-up)

A multi-sensory mixture of movement, art, and fun with a creative, developmental and positive approach designed especially for children. This stimulating camp includes explorations in visual arts, drama, music, and dance. Students will discover how the fine arts have similarities in the elements of design, and increase their skill development in various movement vocabularies of jazz, tap, ballet, and creative movement. Using a creative approach the instructor will inspire excitement about the creative arts in a playful, experiential, and “process” oriented environment.

Flip Flying Fun-Gymnastics Camp (Ages 6-up)

This high-spirited camp introduces a variety of jumps, turns, and locomotor skills that are fundamentals in gymnastics. Students will develop increased range of motion, and body awareness. Curriculum includes motor skills, strength, coordination, and flexibility work, body mechanics, tumbling, balance, rhythmic gymnastics with balls, hoops, ribbons, and creative movement.

To create a Full Day camp for school age children, combine morning and afternoon along with these fun options

Imagination Time (Ages 6-up) Early morning drop off for camp:

Creative drama, music, creative movement games.

8:00-9:00 am Monday-Friday

Brown Bag Theater

Children may enroll in **LUNCH and a MOVIE**. Students will watch movies, socialize and eat lunch together. (Student should bring a sack lunch and drink)

12:00-2:00 pm Monday-Friday

**Each session will vary music, art, & activities so children can enjoy all of the sessions.*

Contact Karen Bennett to create your summer camp at 264-9828.